



Hands-on Learning

Get work-based training and employability support that grows your confidence.

Three13 Training run sessions at their delivery site in Teesside that offers you opportunities to:

- Learn useful skills in real working environments
- Feel better connected to your community
- Gain a Level 1 qualification
- Move forward with support to find your next steps



Three13 Teesside Hub

Support Workers can make a referral to our kitchen, workshop or garden settings by emailing cfo@three13.co.uk

To find out more, speak to your Support Worker or call **01642 781313**