



The Garden Project

Grow in confidence through work-based training in a community setting.

 Commitment: 4 weeks

 Upcoming Start Dates:

18th September 2025

Thursdays and Fridays | 4 weeks

16th October 2025

Thursdays and Fridays | 4 weeks

13th November 2025

Thursdays and Fridays | 4 weeks

22nd January 2026

Thursdays and Fridays | 4 weeks

19th February 2026

Thursdays and Fridays | 4 weeks

Three13 Training run practical, outdoor sessions at the CFO Activity Hub in Durham that offer you opportunities to:

- Learn new skills as you participate in a live, garden renovation project
- Keep busy and feel better connected to your community
- Gain a Level 1 qualification in Skills for Employment, Training and Personal Development

To find out more, speak to your Support Worker or call **01642 781313**

Support Workers can make a referral to us by emailing cfo@three13.co.uk