



Employment Support

Get work-based training and employability support that grows your confidence.

 Commitment: 5 weeks

 Upcoming Start Dates:

21st October 2025

Practical Skills | Tues and Wed | 5 weeks
Carpentry | Tues, Wed and Thurs | 5 weeks

2nd December 2025

Hospitality Skills | Tues and Wed | 5 weeks
Carpentry | Tues, Wed and Thurs | 5 weeks

3rd February 2026

Hospitality Skills | Tues and Wed | 5 weeks
Carpentry | Tues, Wed and Thurs | 5 weeks

24th March 2026

Hospitality Skills | Tues and Wed | 5 weeks
Carpentry | Tues, Wed and Thurs | 5 weeks

Support Workers can make a referral to us by emailing cfo@three13.co.uk

Three13 Training run sessions at their delivery site in Sunderland that offers you opportunities to:

- Learn new skills in real working environments
- Feel better connected to your community
- Gain a Level 1 qualification
- Move forward with support to find your next steps

To find out more, speak to your Support Worker or call **0191 500 3345**